



Service and Sacrifice Ride 2016 - Ride Leaders

Definition

A 'Ride Leader' can be defined as 'a person nominated by the event organisers and accepted by participants as the rider responsible for assisting with ride safety and group riding etiquette for each riding group'.

Desired Attributes

- Previous group riding experience and a demonstrated understanding of group riding etiquette
- Good communication skills
- An appropriate level of fitness to control the group
- Positive attitude

Duties

- Ensure riders comply with the ride guidelines and protocols
- Provide instruction and direction to the group during the ride
- Monitor the ability and status of riders within the group
- Communicate with the Ride Director on a daily basis during the ride

Pre-requisites

- Awareness of the ride route for each day before commencing the ride

Approach

- Maintain an awareness of the group
- Set an example regarding safety
- Be consistent with safety messages to all riders within the group
- Be tactful and calm when addressing unsafe actions
- Stop group to reinforce appropriate etiquette if necessary
- Enlist the assistance of other riders if necessary
- Do not leave the group to render individual assistance
- Use discretion to instruct group to ride single-file, if necessary